

Wednesday, February 19th

- ▶ 1st hr. - Today I will be checking folders, make sure everything is in order. 😊
- ▶ 5th hr. - Tomorrow I will be checking your folders 😊
- ▶ Read: In White Textbooks - Food and Your Body pgs. 96-101 together and 102-109 independently.
- ▶ On lined paper complete: Vocabulary Review (13 words), Review Key Concepts #'s 2-6; give full answers pg. 109
- ▶ **Fill in your agenda with:**
- ▶ Check folders
- ▶ Begin reading in Food, Nutrition and Wellness textbooks 96-109
- ▶ Vocabulary Review, Review Key Concepts

Thursday, February 20th

- ▶ Hand in folders to be checked today.
- ▶ Finish reading Nutrients in Foods textbooks and completing: Vocabulary review (13 words) and Review Key Concepts #'s 2-6 pg. 109 (34 pts.) record in logs.
- ▶ Fill in your agenda with:
 - ▶ Make sure Free Cook groups have all plans set for tomorrow
 - ▶ Complete Vocab review and Key Concepts for Monday.
 - ▶ Finish for homework

Friday, February 21st

- ▶ Free Cook Day
- ▶ Have fun and be helpful to your group.
- ▶ Clean kitchens thoroughly
- ▶ No evaluation sheet today
- ▶ Fill in agenda with:
 - ▶ **Free Cook Friday**